

1

NIPIGON RIVER RECREATION TRAIL

Classification: DIFFICULT
Distance: 10.1 km (one way)
Estimate Time: 3-5 hours
Elevation Gain: 154m

Experience the shoreline of the Nipigon River from Nipigon to Red Rock and along Nipigon Bay on Lake Superior, the world's largest freshwater lake. Suitable for ages 8 and up (depending on abilities) this is a well-maintained, rugged, wilderness recreation trail.

If you don't have much time, consider taking a shorter 40-minute (2.6 km return) hike starting at the Red Rock trailhead to the viewing platform at Lloyd's Lookout, then hike a few minutes further to relax in the Parks Canada red chairs. Or, start at the Nipigon Marina trailhead and hike 2-3 km of flat terrain along the edge of the Nipigon River. If you plan to hike the entire trail, it is recommended you start at the Red Rock Trailhead.

Shuttle service is available in Nipigon, call 807-887-1008.

Directions:

Red Rock Trailhead — From Highway 11/17 head south on Highway 628 towards Red Rock. Travel approximately 7 kilometres where signage will direct you to turn left onto Third St. a short gravel road, where the trailhead is found.

Nipigon Trailhead — From Highway 11/17 turn onto Railway St. or First St. and follow the directional signs to the Nipigon Marina. From the marina parking lot, walk south across the road bridge to the trailhead.



2

CASQUE ISLES TRAIL

Classification: DIFFICULT
Distance: 53 km (5 segments), 11 access points
Estimate Time: 3-6 days
Elevation Gain: 250m (each segment varies)



Directions: For Schreiber Beach, turn off Hwy 17 at Winnipeg St. in Schreiber. Turn right onto Scotia St. and take the next left onto Subway St. After passing under the railway tracks turn right onto Isbester Dr. (A5) and follow the road to parking at Schreiber Beach.

For Agasabon Gorge, turn off Hwy 17 at Lakeview Dr. and follow the signage to the Waterfront/Beach (A10). Alternatively, turn off Hwy 17 at the Agasabon Gorge Road and follow the road to the Agasabon Gorge parking (A11).

The Casque Isles Trail is an adventurer's dream come true, and then some—one of the top 10 best hikes in Ontario! This is the must-hike trail in Northwestern Ontario. The trail weaves 53 km (33 miles) along the north shore of Lake Superior, highlighting some of the most stunning vistas of Lake Superior, and linking the communities of Terrace Bay, Schreiber and Rosport together. You'll be swept away as you hike from one beautiful bay to the next. Signed and groomed by the passionate volunteers of the Casques Isles Hiking Club, the Casque Isles Trail is an important section for both The Great Trail and the Voyageur Hiking Trail.

To complete the whole 53 km trail usually takes 3-6 days. However, if time is limited, to sample our trail, two shorter hikes are recommended. Consider hiking for 30 minutes (one way) to the east of Schreiber Beach (A5) on the Mt. Gwynne Segment past an enchanting creek to the panoramic view at the Picnic Table Lookout. Or you may choose to hike for 45 minutes (one way) to the tranquility of Danny's Cove on the Lyda Bay Segment (A10, A11), beginning at either the spectacular Agasabon Gorge or the Terrace Bay Beach.

Follow the Trailhead signage at each location. Follow the shore of the Top of Lake Superior on this rugged trail, passing by old gold mines, fossil deposits, and caves adorned with Indigenous pictographs. With 11 access points over 5 segments, this well maintained and signed trail offers an achievable experience for every level of hiker.



3

MAZUKAMA FALLS TRAIL

Classification: DIFFICULT
MAZUKAMA FALLS LOOP
Distance: 3.1 km
Estimate Time: 1.5-2 hours
Elevation Gain: 120m
WINGTIP LOOKOUT
Distance: 6.7 km return
Estimate Time: 4-5 hours
Elevation Gain: 250m



Kurt Roy

This is a wilderness recreation trail. This day hike has been described as magical. The challenging Mazukama Falls Loop trail climbs steeply for 500 m and passes beside the many cascades and waterfalls of Mazukama Creek as it tumbles off the red rocks of the Kama Cliffs through huge old growth cedars. For those seeking a panoramic view of Nipigon Bay, take the steep climb up "The Stairway of the Saints" to the top of Kama Cliffs and hike to Wingtip Lookout, 250 m above the trailhead. Allow an additional 2 hrs to do this spur trail. Footing is unstable, there are steep sections, and some creeks may require wading.

Directions: This trail is located approximately 20 km east of Nipigon on Hwy 17 at km 677.4. Travel north on a gravel road (Camp 81 Rd) for 200 m to the trailhead on right.



4

RED ROCK MOUNTAIN TRAIL

Classification: DIFFICULT
Distance: 4.9 km (loop)
Estimate Time: 3-5 hours
Elevation Gain: 183m

Hike this scenic trail to enjoy spectacular panoramic vistas. This is a foot and bike path that runs along the crests and valleys of the Red Rock Mountain. This trail takes advantage of all sides of the mountain, offering nearly a full 360 degree view of the region and a variety of the area's stunning geological features. This trail provides stellar views of a variety of stunning features of this portion of Lake Superior and a great chance to sit back, relax and enjoy from any of the three platform lookouts.

Directions: Located only minutes off Hwy 11/17 at the Red Rock turnout just west of Nipigon, this is a foot and bike path that runs along the crests and valleys of the majestic Red Rock Mountain. Three recently constructed lookouts along the trail offer breathtaking views of Lake Superior and a variety of stunning geological features.



Scenic Lake Superior Spots and Local Culinary Experiences

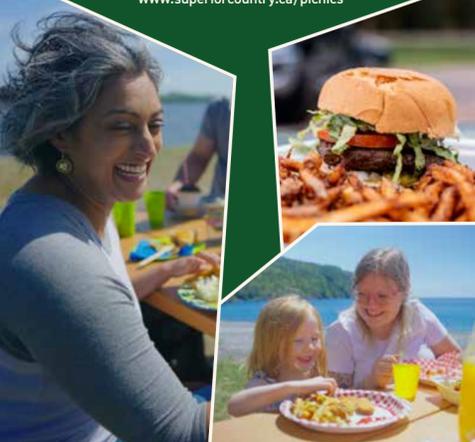
Superior Picnic tables are indicated by icons on the large map.



- Dorion
- Red Rock
- Nipigon
- Schreiber
- Terrace Bay
- Marathon
- Manitouwadge

- STEP 1** Choose a Picnic Spot
- STEP 2** Choose a Picnic Special
- STEP 3** Enjoy, Explore.

www.superiorcountry.ca/picnics



5

PERRY LAKE TRAIL

Classification: EASY
Distance: 2.2km round-trip
Estimate Time: 60 minutes
Elevation Gain: approx. 10m

The beautiful Perry Lake trail is a great place to experience nature to the fullest and is suitable for all skill levels. Stop at the viewing mounds that provide information stations to learn more about the wetlands and wildlife that call Perry Lake home or take a break at one of the benches provided for respite. Along the trail you will find nesting boxes, bat houses, and a variety of different bird species. Perry Lake is also enjoyed during the winter months for snowshoeing with many loops throughout with varying levels of difficulty.

Directions: Turn off Hwy 17 onto Hwy 614 to enter Manitowadge. Follow Manitou Road (first road into town), take a left onto Adjala Avenue. Parking is available at the churches.



GROUP OF SEVEN LAKE SUPERIOR TRAIL

Classification: DIFFICULT
Distance: 54km (one way)
Elevation Gain: 135m

The Group of Seven Lake Superior Trail connects trail users with the painting sites of the iconic Canadian painters from Pukaskwa National Park to Neys Provincial Park. From 1921-1928, some of the members of the Group of Seven made annual trips to the Northshore of Lake Superior to capture its raw beauty that can be found in many galleries across Canada. Visit our website to download the app for detailed mapping and interpretive information about each painting site. www.groupofseventrail.com

A great day hike is to the top of Peninsula Hill where views of Peninsula Harbour, the Town of Marathon and down the coast to Pukaskwa are the rewards. Park at Pebble Beach in Marathon and follow the signs.

Directions: The trail begins at the south end of Hemlo Drive in Marathon. To get there from Hwy 17, turn south at the junction with Hwy 627, just east of Marathon.



8

HURKETT COVE NATURE TRAIL

Classification: EASY
Distance: 2km (one way)
Estimate Time: 1-2 hours
Elevation Gain: N/A

Located within Hurkett Cove Conservation Area, this trail is a naturalist's treasure. Over 180 different bird species have been observed at this site, coined the "Peele of the North." An easy, short walk with little elevation brings you through the forest, along the shores of Lake Superior's Black Bay to the rich marshland that draws so many of these birds during their migration. See songbirds along the trail, raptors overhead, and waterfowl and shorebirds in the Cove or along the Black Bay shore. A pavilion with picnic tables and displays can be found just north of the parking lot.

Directions: From Hwy 11/17 just east of Dorion, turn east onto Black Bay Drive. Head east for 2.9 km on Black Bay Drive and follow the signs to Hurkett Cove Conservation Area. A \$5 fee (cash only) is charged for parking, in support of the Lakehead Region Conservation Authority.



9

ROSSPORT COASTAL TRAIL

Classification: DIFFICULT
Distance: 1.5km (one way)
Estimate Time: 1-2 hours
Elevation Gain: ~1m

A true coastal trail with plenty of opportunities to dip your feet in Superior. It is mainly flat, but does have some stretches crossing uneven surfaces such as a small creek and rocky shoreline. Enjoy breathtaking views of Lake Superior, beautiful beaches, and scenery of some of the many islands of the Rosspport archipelago.

Directions: Starting at the east end of Rosspport Village at Wardrobe Park, the trail meanders east along the shore of Lake Superior to end at the Roadside Park Rest Area just east of Rosspport on Hwy 17. Follow the white painted boot prints to stay on track.



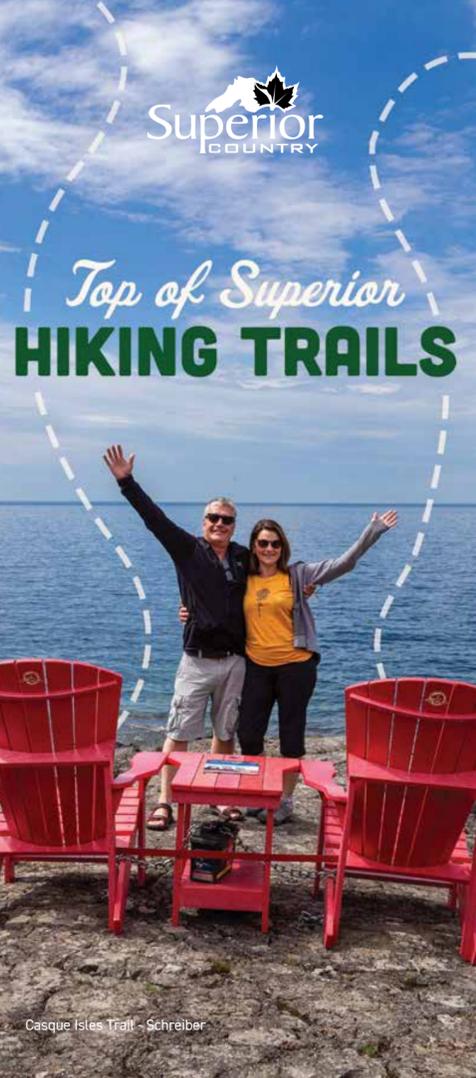
10

DEER LAKE MOUNTAIN

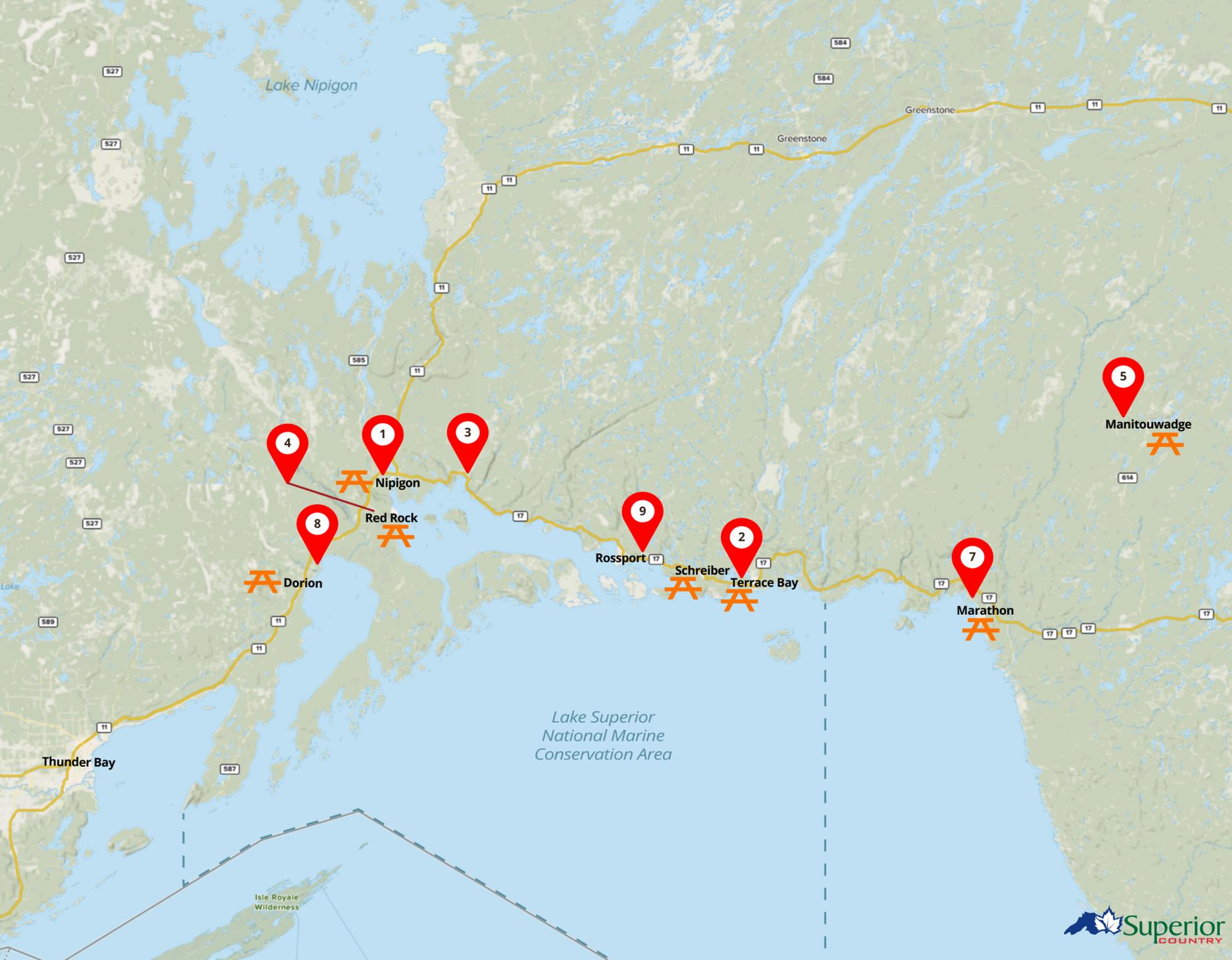
Classification: DIFFICULT
Distance: 6.6km loop, with two short lookout spurs
Estimate Time: 3-5 hours
Elevation Gain: 145m

This is a wilderness recreation trail. The wooded trail gradually climbs to the top of a cuesta and circles the perimeter with incredible views in all directions before returning to the trailhead. Trail spurs to cliffs overlooking No Good Lake and Loquist Lake are optional. A beaver dam must be crossed on the No Good Lake spur trail.

Directions: From Hwy 11/17, drive 3.4 km north on Hwy 585. A trailhead sign on the left near the bushline marks the start of your hike. Parking is available on either side of the road.



Casque Isles Trail - Schreiber



Dorion is a warm, friendly community. Although it is a small community, it is large at heart with some major attractions. A well groomed trail, walkway, and bridge lead visitors to a spectacular view of Ouimet Canyon. Canada's longest suspension bridge at Eagle Canyon Adventures is also located in Dorion. Besides walking the two bridges, adventurous tourists can also skim over this canyon on a zip-line.

Hurkett Cove Conservation Area is a photographer's paradise. Dorion is also home of the annual Dorion's Canyon Country Birding Festival. Approximately 120 bird species are observed during the two day Festival. Dorion gives you the best of both worlds: rural serenity at a close distance to Thunder Bay.

www.doriontownship.ca



Nipigon is nestled in a breathtaking landscape of cliffs, located on the mighty Nipigon River. The Bridgeview Lookout Tower is in town, just west of the famous Nipigon Bridge, and offers a spectacular view. Sixty-five steps lead up a 40-foot-tall, open-air structure with a 360-degree view from Lake Helen to the Nipigon River bridge, to the Marina and beyond. The portage trail loop starts at the lookout tower, follow the paved walkway under the bridge to the old CP Rail tracks. After passing the Lagoon on the black bridge head up to the Paddle to the Sea Park and Splash Pad. Along Front St. you'll find shops and the Nipigon Historical Museum, featuring artifacts spanning hundreds of years and an exhibit on the world record Brooke trout caught on the Nipigon River in 1915.

Rosspoint is peacefully nestled on one of the most protected harbours on Lake Superior. The village offers accommodations and local pottery shop. It overlooks the pristine Rosspoint Islands, described as "a Cathedral without pillars" and, sometimes, the "Peggy's Cove of the North". Rosspoint area is a nature lover's paradise. Canada's famous artists, the Group of Seven, drew inspiration from the unique beauty of this area. The protected waters have become a dream location for kayakers, canoeers, boaters, and drivers. Favourite destinations by water are Battle Island Lighthouse and the wreck of the Gunilda.

www.rosspoint.ca



From what began as a railway town in 1885, the welcoming community of Schreiber offers a rich cultural heritage and a pristine natural boreal setting for visitors along the North Shore of Lake Superior. Between the geological outcrops in the landscape and the tales of building the Canadian Pacific Railroad, Schreiber's diverse and intriguing history is sure to captivate you! Come and enjoy what Schreiber has to offer, while making sure to check out Historic Downtown Schreiber, the Schreiber Discovery Centre and Railway Museum, Schreiber's North Shore Art Tour, and Schreiber Beach!

Terrace Bay is a beautiful little town nestled in the boreal forest on the banks of Lake Superior. Framed by the most beautiful scenery on the north shore, there is so much to explore in our lively community. Experience the Superior Six: the Aguasabon Falls and Gorge, Casque Isles Hiking Trail, Slate Islands Provincial Park, Terrace Bay Lighthouse and Beach, and the Aguasabon Golf Course.

Learn more at: www.terracebay.ca/explore.

For more information on what it means to experience Schreiber, please visit us online at www.schreiber.ca



Welcome to Marathon! The Group of Seven were so inspired by the vistas surrounding Marathon that they visited and explored the area for much of the 1920s - walk in their footsteps! Explore the famously colorful and unique Pebble Beach, or spend an afternoon lounging in the sand and swimming in Superior's crystal-clear waters at Carden Cove. Enjoy fishing? Marathon has world-class fishing on our doorstep. Trout and Walleye are local favorites, or why not hire a fishing charter to try your luck at Salmon on Lake Superior? Enjoy a round of golf with a cart at Peninsula Golf Course, a Stanley Thompson signature course. Our well-reviewed restaurant community offers a wide variety of delicious food - sit down dining, lounge on a patio or grab a quick bite - Marathon has it all! Looking for a night's rest? Marathon has accommodations to suit everyone's travel plans including Penn Lake Park, offering fully serviced campsites. Provincial and National Parks are only a short distance from Marathon. Come visit, play and explore Marathon - there's so much to experience!

Manitouwadge, the "Friendly Community" located on Highway 614, 50 km off Highway 17. Manitouwadge is situated atop the Canadian Shield and surrounded by the breathtaking beauty of the boreal forest. Manitouwadge is a vibrant community with many modern facilities such as a challenging 9-hole golf course, skate park, pool, curling, hockey, and an excellent downhill skiing facility. Our "step out your door" natural facilities provide the best fishing, canoeing, hiking, biking, cross-country skiing, snowmobile/ATV trails in this area.

Our local businesses and service providers are always willing to meet your needs, and their hospitality and customer service is second to none. Mining was the primary reason our town was founded, and it remains deeply rooted in our local history and economy. The forest industry is also one of the most valuable resources we have. In short, whether you are seeking a wilderness adventure, a new place to call home or a relaxing stay in a tranquil environment, there is something for everyone in Manitouwadge.

TRAIL SAFETY & ETIQUETTE

Stay on the marked trails. Some areas have sensitive vegetation that can be damaged by off-trail use.

Pack out what you packed in. Leave the trail in better condition than you found it.

Bring along water, food and a whistle.

Hike with others: don't go alone. Tell someone where you are going and when you expect to be back.

Don't rely on cell service for communication or mapping. Not all areas in the region have cellular coverage. In an emergency, call 911 as soon as you do have a cell signal.

Bring a first aid kit with you and know how to use it.

Keep dogs on leash: don't let them disturb wildlife in their natural environment.

Stretch before, during, and after your hike. Your muscles will appreciate it!

Wear sturdy footwear: trails have uneven terrain and some slippery surfaces that make open-toed shoes and formal footwear unsuitable.

Come prepared for the weather. Lake Superior can be unpredictable. Be prepared to potentially stay overnight.

BE-BEAR-WISE

Learn about bear behaviour and bear safety tips before heading out on the trail. Carry bear spray. Talk or sing when hiking to make wildlife aware of your presence.

If you see a bear make yourself look big, stay with your hiking partner(s) and slowly back away. Don't run.

If you are backcountry camping, never keep food in your tent. Hang it securely from a tree limb at least 15 feet off the ground, away from your tent site.

For more info on bear safety see: www.ontario.ca/page/prevent-bear-encounters-bear-wise

TRAIL CLASSIFICATION

These trails have been rated for difficulty with internationally recognized symbols, according to Parks Canada's Trail Classification System:

 Easy: Family-friendly trails that are suitable for all visitors

 Moderate: Medium-length trails with moderate elevation gain and some short, steep sections. Suitable for most visitors.

 Difficult: Longer trails with long, steep sections that are suitable for visitors who have trail experience and are prepared (proper equipment and water).



Federal Economic Development Agency for Northern Ontario

Agence fédérale de développement économique pour le Nord de l'Ontario

